

2016 Long Course Kickoff

April 30-May 1 2016

- SANCTION BY:** Georgia Swimming, Inc., Sanction No.: **GA16-048**
- HOST CLUB:** **Southern Crescent Aquatic Team – Buzz Swimming**
- MEET MANAGER:** Cathy Copeland: copega@comcast.net
- MEET REFEREE:** Deb Wohlrab: (debdebit@aol.com)
Dave Furlong: (atlfurlong@gmail.com)
- MEET STARTER:** Suzy Beall & Jim Schmid
ADMIN: Mindy Fryman
- FACILITY:** **Georgia Tech McAuley Aquatic Center.** The pool is located on the GA Tech campus on Ferst Drive. This facility seats 1,900 and contains both a competition pool and diving well. The competition pool is 50 meter by 10 lanes, with two movable bulkheads so that courses can be set up for 25 yards or 25 meters.
- ELIGIBILITY:** Open to all 2016 swimmers registered with USA Swimming.
- RULES:** Current USA Swimming rules will govern the conduct of this meet, unless otherwise noted herein.
- Swimmers are responsible for swimming in the correct heat and correct lane.
- “Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.”**
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.**
- The practice of Deck Changing is prohibited at all USAS Sanctioned events. Swimmers participating in deck changing would be in violation of the USA Swimming **Rule 202.4.9I** and could be subject to removal from further competition in the meet.**
- FORMAT:** All individual events will be conducted as time finals. Chase Starts may be used. The meet will run Fast to Slow if chase starts are used. Odd heats will start at the diving well end and Even heats will start from the scoreboard end. **All 50's will start from the scoreboard end of the pool.**
- SEEDING:** All events will be pre-seeded with the exception of the 400 Free and 400 IM. These events will require a positive check-in. Positive check-in is required for all deck seeded events, **Not Later Than** 30 minutes after the start of the session in which that particular event is scheduled. The 400 IM and the 400 Free may be limited to the fastest 40 swimmers per event. The 400 IM and the 400 Free will swim FAST to SLOW.

SCHEDULE: ***SESSION 1 & 3 (13 & Over)*** ***SESSION 2 & 4 (12 & Under)***
Warm Up @ 8:00 AM Warm Up @ 1:30 PM
Start @ 9:00 AM Start @ 2:30 PM

CHECK-IN: In order to be seeded into the deck-seeded events, swimmers must check in with the Clerk of Course, **Not Later Than** 30 minutes after the start of the session that particular event is scheduled.

ENTRY LIMIT: Swimmers may enter four (4) individual events per day. Meet may be limited to 400 swimmers per session.

ENTRIES: Please submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, and seeding time for each event entered. A printed copy of your entries must be sent, along with fees, to:

Cathy Copeland
100 Grouse Pt.
Fayetteville, GA 30215

Entry Deadline is Friday, April 22, 2016

Please sign signature waiver for all overnight deliveries.

Email Team Manager entry files to:
Cathy Copeland: copega@comcast.net

ENTRY FEES: Individual event: \$6.50 each
\$15 per swimmer facility surcharge
Make checks payable to: SCAT

HEAT SHEET: **Heat sheet will be posted on SCAT's web site and meet mobile.**

ENTRY DEADLINE: **All entries** (including fees, hard copy, TM file and liability waiver) must be received on or before **Friday, April 22, 2016.**

LATE ENTRIES: On site late entries will be permitted only if open lanes are available and will be seeded with NT. No additional heats will be created in pre-seeded events. Late entry fees will be doubled for individual events.

All deck entries shall show proof of USAS registration. Only three forms of membership are acceptable:

- 1.) A current USA Swimming Membership Card**
- 2.) A printed USA Swimming Club Roster**
- 3.) Verification through the use of "DECK PASS"**

Deck entry fees must be paid prior to the closing by the Administration Official. Deck entry swimmers who are not already in the meet are required to show proof of USA Swimming Athlete registration card or verification through the use of "DECK PASS" at the Administration Desk. No registration will be done at this meet.

COACHES Coaches will be required to sign in and show their USA Swimming coaches registration card or DECK PASS for verification that all certifications are current. At least one coach from each team must attend any coaches' meeting. **A mandatory coaches meeting will be held Saturday, April 30,, 2016 at 8:45am.** One coach from each club is required to attend. Subsequent meetings will be arranged if needed.

WARM-UP: Warm-up guidelines and schedule will be posted at the pool and each team will be required to furnish one USA Swimming Certified Coach to **supervise, from the vicinity of the starting blocks** their warm-up period.

OFFICIALS: Southern Crescent welcomes visiting officials and will appreciate help in officiating this competition. Any certified official or apprentice registered with USA swimming wishing to officiate or apprentice at any session must sign in prior to the required official meeting. There will be an officials' meeting 1 hour prior to the start of each session in the hospitality room. All officials must show at check in, proof of their 2016 USA Swimming registration and a valid LSC Officials Certifications card.

Visiting officials please contact Deb Wohlrab (debdebit@aol.com) or Dave Furlong (atlfurlong@gmail.com) if you would like to officiate or apprentice.

LIABILITY RELEASE: USA Swimming, Inc., Georgia Swimming, Inc., Georgia Tech and SCAT shall be free from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the meet. THE ATTACHED LIABILITY FORM MUST ACCOMPANY EACH TEAM'S ENTRY.

CONCESSIONS: Basic concessions will be provided during the meet.

MEET INFORMATION: For more information, to review psych sheets, check results
Visit: www.scatswimming.org
Meet Director: Cathy Copeland
copega@comcast.net

ORDER OF EVENTS

Saturday, Session 1 – Warm Up @ 8:00 AM

- 1 13 & Over Mixed 200 Breast
- 2 13 & Over Mixed 100 Fly
- 3 13 & Over Mixed 50 Free
- 4 13 & Over Mixed 50 Breast
- 5 13 & Over Mixed 100 Back
- 6 13 & Over Mixed 200 Free
- 5 MINUTE BREAK**
- 7 13 & Over Mixed 400 IM

Saturday, Session 2 – Warm Up @ 1:30 PM

- 8 11-12 200 **Mixed** Breast
- 9 12 & Under Mixed 100 Fly
- 10 12 & Under Mixed 50 Free
- 11 12 & Under Mixed 50 Breast
- 12 12 & Under Mixed 100 Back
- 13 9-12 Mixed 200 Free
- 5 MINUTE BREAK**
- 14 11-12 Mixed 400 IM

Sunday, Session 3 – Warm Up @ 8:00 AM

- 15 13 & Over Mixed 200 Back
- 16 13 & Over Mixed 100 Breast
- 17 13 & Over Mixed 200 Fly
- 18 13 & Over Mixed 100 Free
- 19 13 & Over Mixed 50 Back
- 20 13 & Over Mixed 50 Fly
- 21 13 & Over Mixed 200 IM
- 5 Minute Break**
- 22 13 & Over Mixed 400 Free

Sunday, Session 4 – Warm Up @ 1:30 PM

- 23 11 -12 Mixed 200 Back
- 24 12 & Under Mixed 100 Breast
- 25 11-12 Mixed 200 Fly
- 26 12 & Under Mixed 100 Free
- 27 12 & Under Mixed 50 Back
- 28 12 & Under Mixed 50 Fly
- 29 9-12 Mixed 200 IM
- 5 Minute Break**
- 30 9-12 Mixed 400 Free

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TEAM NAME _____ TEAM CODE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

Head Coach _____

Phone _____ Home _____ E-mail _____

For entry problems call or e-mail _____

All coaches from your team present at the meet, must be listed

Coach _____ Coach _____

Coach _____ Coach _____

TOTAL INDIVIDUAL EVENTS _____ X \$ 6.50 = _____

NUMBER OF SWIMMERS _____ X \$15 = _____

TOTAL FEES SUBMITTED

SUBMIT ONE CHECK PAYABLE TO: SCAT

ENTRIES MUST BE RECEIVED ON OR BEFORE Friday, April 22, 2016.

MAIL ENTRIES TO:

Cathy Copeland
100 Grouse Point
Fayetteville, GA 30215

EMAIL TEAM MANAGER FILES TO:

copega@comcast.net

WAIVER, ACKNOWLEDGEMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

Southern Crescent Aquatic Team., Georgia Tech, Georgia Swimming, Inc., and United State Swimming, Inc., its agents, employees, and coaches shall be free from any liability or claim for damages rising by reason of illness or injury to anyone during the conduct of this meet

I have reviewed RULE 302.4 FALSE REGISTRATION and understand that GA Swimming probably will issue a fine of up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA swimming when that swimmer or the listed club is not properly registered.

SIGNATURE/TITLE _____ DATE _____

GEORGIA SWIMMING INC. SCRATCH RULE

The Scratch Rule to be used in all Georgia LSC sanctioned meets where the meet format includes preliminary heats, consolation finals and finals, is the "Scratch Rule" as found under "Administrative Conduct of USA Swimming Championships", subsection "Scratch Procedures", subsections "Scratching from finals" and "Exceptions for failure to compete", of the current "USA Swimming Rules and Regulations". An excerpt is provided below.

Scratching from finals:

(1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete. (2) In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.

(3) Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the C, B, or A (bonus final, consolation final and the) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.

(4) If the C or B (bonus and consolation) final has already been contested, the (championship) final shall be swum without reseeding for the empty lane(s).

Exceptions for failure to compete:

No penalty shall apply for failure to withdraw or compete in an individual event if:

(1) The Referee is notified in the event of illness or injury and accepts the proof thereof.

(2) A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.

(3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.”

Unless otherwise stated in the final sanctioned Meet Information: the following Georgia LSC additions listed below apply to all timed final meets as well as all preliminary/finals meets.

1. Swimmers that qualify for any final heats as announced in the meet information will also be subject to these rules.

2. In all deck seeded events (1), a swimmer who has been checked in either personally or by a team coach, has been seeded and then fails to compete in said event, shall be barred from his or her next individual event, except as noted in "Exceptions for failure to compete" above. This rule only applies to timed-final events where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for a particular deck-seeded event as specifically stated in the meet announcement.

3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.

4. Qualifiers for all finals heats are those as identified on the originally posted results of the preliminary heats. Any qualifier who has moved up into this group as a result of the posting of corrected preliminary results after original results have been posted shall not be subject to penalty.

5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.

6. On the final day of "LSC Championship" competitions, any swimmer who has checked in for finals and fails to compete will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.

7. A "Positive check-in procedure" shall be used for all deck seeded events. A swimmer's intent to swim a race shall be denoted by the swimmer's or swimmer's coach's initials entered next to the swimmers' names on the official entry sheet posted at the Clerk of Course. Failure to check in shall be considered to indicate that the swimmer will not compete.

8. In cases where changes to the USAS rules cause conflict with the Georgia LSC additions, USAS rules shall take precedence.

(1) Interpretation: The change clarifies the intent of the rule. If there are no limits placed on the number of swimmers in the deck seeded event – then there is no penalty for a no-show in that event; given that no swimmer was impacted by the no-show and everyone that wanted to swim got to swim. If a limit is placed on a deck seeded event (e.g. the fastest 30 swimmers), then a no-show could cause the exclusion of the 31st fastest swimmer from competing and would result in a penalty against the no-show swimmer.

Revised: September 12, 2015